Signs to Help with Disasters and Crisis

Over the last year, families throughout the world have experienced natural disasters, war, famine and personal crises. To help families understand how these types of events affect children, the attached article by Dr. Acredolo "Disasters and Children" has been included for your use. Whether it's wildfires, earthquakes, flooding, terrorist attacks or war, parents need to know simple things they can do to help children through these times. It is important to note that children do not have to be directly involved in the crisis to feel the effects of it on their lives. The signs below are helpful ones that can ease a child through any transition.



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